

St Thomas of Canterbury Church of England Primary School



Three week menu plan from 2nd November 2026

The new lunch menus will commence on
Monday 2nd November 2026.

Please put a tick ✓ in the box next to the main meal, vegetarian meal or packed lunch option for your child for each day of each week of the three week cycle.
Return **the School Copy** menu plan to school by Friday 16th October 2026.

If you do not return the menu plan we will assume you are providing your own packed lunch each day.

Allergen information is available upon request.

Child's name: _____

Year: _____ Class: _____

SCHOOL COPY

Week 1

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Pizza Pepperoni ☐	Breaded Chicken Burger ☐	Gammon Roast ☐	Beef Bolognese ☐	Sausage Roll ☐
	or	or	or	or	or
Vegetarian Option	Pizza Cheese and Tomato ☐	Halloumi Burger ☐	Macaroni Cheese ☐	Quorn Bolognese ☐	Vegetable Roll ☐
	Sweetcorn Fresh Salad	Wedges Fresh Salad	Roast Potatoes Seasonal Vegetables Yorkshire Puddings	Garlic Bread Fresh Salad	Chips Peas Baked beans
	Cornflake Crunch	Shortbread Biscuits	Jelly	Strawberry Mousse	Lemon Drizzle Cake
	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐

Water and Cold Milk available every day

Week 2

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Pasta Pepperoni Sauce	☐	Breakfast Brunch (Sausage, Bacon)	☐	Battered Chicken Chunks	☐
	or		or		or	
Vegetarian Option	Pasta Tomato and Basil Sauce	☐	Veggie Brunch (Veggie Sausage)	☐	Quorn Nuggets	☐
	Cheese and Pepper Quesadilla Wraps	☐				
		Garlic Bread Fresh Salad	Omelettes Hash Browns Baked Beans	Mashed Potato Seasonal Vegetables Yorkshire Puddings	Sweet and Sour Sauce Rice Sweetcorn	Chips Peas Spaghetti Hoops
		Flapjack	Jelly	Chocolate Shortbread Biscuits	Chocolate Mousse	School Sponge
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch	☐	Own Packed Lunch	☐	Own Packed Lunch
		☐	☐	☐	☐	☐

Water and Cold Milk available every day

Week 3

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Tikka	☐	BBQ Pulled Pork Flatbread	☐	Chicken and Bacon Pasta Bake	☐
	or		or		or	
Vegetarian Option	Vegetable Tikka	☐	Quorn Turkish Style Flatbread	☐	Macaroni Cheese	☐
	Quorn Nuggets	☐				
		Rice Naan Bread	Coleslaw Fresh Salad	Mashed Potato Seasonal Vegetables	Garlic Bread Fresh Salad	Chips Peas Baked Beans
		Chocolate Rice Krispie Squares	Flapjack	Jelly	Apple Crumble And Custard	Shortbread Biscuits
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch	☐	Own Packed Lunch	☐	Own Packed Lunch
		☐	☐	☐	☐	☐

Water and Cold Milk available every day